

Lifestyle Educator at Wildwood Lifestyle Center

Are you passionate about health and service? Wildwood Lifestyle Center is seeking a dedicated **Lifestyle Educator** to join our team! In this role, you'll educate, inspire, and provide hands-on support to guests looking to make meaningful lifestyle changes. You'll guide guests through principles of healthy living based on the 8 Laws of Health: **Nutrition, Exercise, Water, Sunshine, Temperance, Air, Rest, and Trust in Divine Power.**

Responsibilities:

- Conduct health assessments, lead educational sessions, and provide personalized guidance to guests
- Teach principles of the 8 Laws of Health, including nutrition, exercise, water, sunshine, temperance, air, rest, and trust in divine power
- Provide hydrotherapy treatments and guidance, helping guests benefit from therapeutic water treatments
- Perform housekeeping tasks to maintain a clean, welcoming environment for assigned guests
- Facilitate group workshops, cooking classes, and outdoor activities that promote healthy living
- Support guests on their journey to improve well-being, manage chronic conditions, and achieve sustainable health goals

Qualifications:

- Applicants must have either completed the Lifestyle Coaching course offered by Wildwood
- Health Institute or an equivalent program or possess experience in health coaching or or an equivalent program or possess experience in health coaching or medical missionary work.
- Experience or interest in learn hydrotherapy, plant-based nutrition, and preventive health
- Strong attention to detail and willingness to assist with housekeeping as part of guest care
- High school graduate or GED