

MEDICAL CONFERENCE SCHEDULE

WEDNESDAY

SCHEDULE

3PM	REGISTRATION
7PM	Blood Viscosity: An Overlooked Factor in Cardiovascular Health - David DeRose, MD, MPH

THURSDAY

SCHEDULE

8:30-9:30 AM	The Healing Heart: Finding Wholeness Through Faith - Tapiwa Marawanyika - BSc (Hons)
9:30-10:30 AM	History of Nutrition in Coronary Artery Disease - Greg Steinke, MD, MPH
10:30-11:30 AM	The Brain: Protecting a Key Target Organ from Circulatory Disorders - David DeRose, MD, MPH
11:30-12:30 PM	Strategies for Adherence in Heart Disease Treatment - Lilly Tryon, DNP, FNP-BC, NBC-HWC, DipACLM
3-4 PM	Dietary Strategies for a Healthy Heart - Dorothea Sarli, RD, MS
3-4 PM	Cardiovascular Technology update - James Marcum, MD, FACC
4-5 PM	Hormonal Changes and Cardiovascular Risk in Menopause - Julia Danforth, MD
4-5 PM	Evidences for Natural Cardiovascular Support - Greg Steinke, MD, MPH
5-6 PM	Effective Strategies for Treatment Compliance - Lilly Tryon, DNP, FNP-BC, NBC-HWC, DipACLM
5-6 PM	Casebook Insights - Roby Sherman, MD
7-8:30 PM	Mastering Hypertension: Strategies for Prevention and Control - David DeRose, MD, MPH

FRIDAY

SCHEDULE

8:30-9:30 AM	The Heart-Healing Power of Gratitude - Ismael Facio, BTh
9:30-10:30 AM	Treating Primary Aldosteronism for Cardiovascular Health - Aysha Inankur, MD, FACE, dipABLM
10:30-11:30 AM	Maximizing Endothelial Function - James Marcum, MD, FACC
11:30-12:30 PM	Coronary Artery Disease and Dementia - Wes Youngberg, PhD
3-4 PM	The Emotional Weight of Trauma: How it Affects Heart Health - Dana Philossaint, PhD
3-4 PM	Hydrotherapy for Cardiovascular Wellness in the Clinical Practice - Nana Kwarteng, FNP, DipACLM
4-5 PM	How to Lead Effective Cooking Demonstrations - Carin Lynch, LBSW
4-5 PM	Caring for the Whole Person: Integrating Faith and Medicine in Missionary Work - Vaughan Sparrow, BBA
5-6 PM	Healing Hearts - Dana Philossaint, PhD
5-6 PM	Non-pharmacological Treatment of Cardiovascular diseases - Scott Grivas, MD
7-8:30 PM	The foundation of Lifestyle Medicine - David DeRose, MD, MPH

SATURDAY

SCHEDULE

9:30-10:30 AM	The Healing Power of Love: Exploring the Role of Emotional Connection in Patient Outcomes - Scott Grivas, MD
10:30-11:30 AM	Biblical prescriptions for CVD - James Marcum, MD, FACC
11:30-12:30 PM	Healing the Heart: Faith's Role in Restoration - Pastor John Bradshaw, BTh
3-4 PM	FREE
4-5 PM	The Most Important Health Commandment - Wes Youngberg, PhD
5-6 PM	Panel discussion: Stories and Experiences - all speakers
7-8:30 PM	Reversing Insulin Resistance Syndrome - The Predominant Risk Factor in Heart Disease - Youngberg, PhD

SUNDAY

SCHEDULE

8:30-9:30 AM	Guarding Your Heart: Biblical Wisdom for a Faithful Life - Robert Johnson, Chap
9:30-10:30 AM	Lifestyle Tour